



# **ADELPHE COMMUNITY OUTREACH**

**EMPOWERING ETHNIC MINORITY  
WOMEN TO RISE AND LIFT  
OTHERS**

# ADELPHE

Adelphe is a sisterhood designed to uplift and support ethnic minority women on their journey to thrive. Many women feel disconnected, isolated, or overlooked, whether they're adjusting to a new place or have lived in their community for some time.

They may have big dreams—like growing a business, advancing their career, or simply feeling more at home—but struggle to find the support and visibility they need to take those steps.



# OUR HISTORY



## ESTABLISHED IN 2020

**Adelphé is more than a support service—it's an empowering sisterhood committed to holding women's hands every step of the way until they're thriving and lifting others around them.**

**Our inaugural event, a vision board party, brought together women from diverse backgrounds to envision and share their aspirations. This marked the start of a journey to empower ethnic minority women to turn their dreams into reality, setting the stage for Adelphé's comprehensive coaching, mentorship, and community-building initiatives.**





# OUR BEGINNING

## IN JANUARY 2020,

Adelophe held its inaugural event — a vision board party that marked the beginning of our journey. This gathering brought together women from diverse backgrounds to envision and share their aspirations. This initial event symbolised our commitment to helping women visualize their potential and take tangible steps toward realizing their dreams, setting the stage for all Adelophe's future initiatives.





# MISSION STATEMENT

To empower women from ethnic minority backgrounds by providing tailored coaching, mentorship, and practical workshops that foster personal growth, professional success, and a strong sense of community, ensuring that every woman is seen, heard, and empowered.

# VISION STATEMENT

To create a world where every woman, regardless of her background, has the confidence, skills, and support to thrive personally, professionally, and as an entrepreneur, contributing to a more inclusive and diverse society.



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# Why Adelphé Exists

Women from ethnic minority backgrounds often face isolation, limited access to resources, and barriers to employment, entrepreneurship, and social connection. Adelphé bridges these gaps by empowering women to establish their place in the community, achieve their ambitions, and ultimately give back to others.

Adelphé is proud to contribute to Scotland's vibrant and dynamic enterprise landscape by addressing key challenges faced by ethnic minority women and fostering inclusive growth. We focus on:

- **Fostering Innovation and Entrepreneurship:** Through initiatives like our Entrepreneur Mentorship and Business Directory, we empower women to start, scale, and sustain businesses, contributing to Scotland's small business growth.
- **Enhancing Workforce Skills:** Our Digital & Creative Skills Bootcamp and other training programs prepare women with the tools and confidence to succeed in Scotland's modern economy.
- **Promoting Inclusive Growth:** By amplifying the voices and talents of ethnic minority women, Adelphé strengthens diversity and inclusion across industries, contributing to Scotland's reputation as a forward-thinking and inclusive nation.
- **Bridging Resource Gaps:** Acting as a conduit between underrepresented communities and enterprise support systems, we ensure ethnic minority women can access critical resources and opportunities.

These contributions are embedded in all of Adelphé's initiatives, driving tangible outcomes for women and their communities.

# OUR APPROACH



**At the heart of Adelphe's work is the belief that every woman deserves to be seen, heard, and empowered. We focus on:**

**Coaching and Mentoring:** Personalised guidance to help women set and achieve their professional and personal goals.

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**Community Integration and Support:** Helping women settle into new environments with resources and welcoming support.

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**Personal Brand Development:** Assisting women in crafting and amplifying their personal brands to increase visibility and influence in their respective industries.

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**Skill-Building Workshops:** Practical training in areas like digital skills, communication, and entrepreneurship.

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**Networking and Visibility:** Facilitating connections and promoting women's work through events and a business directory.

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# OUR INITIATIVES



Adelphé offers tailored programs and initiatives to empower women and foster inclusive growth:

## **ADELPHE VOICE**

A podcast and interview series amplifying diverse voices within the community, with training for aspiring female podcasters.

## **COMMUNITY NEWS HUB**

Showcasing achievements within the community to promote success and opportunity.

## **BIMONTHLY GATHERINGS**

Networking events for SMEs and entrepreneurs to gain visibility, mentorship, and support.

## **MENOPAUSE FIRESIDE CHATS**

Providing safe discussions on health and personal transitions.

## **DIGITAL & CREATIVE SKILLS BOOTCAMP**

Equipping participants with essential digital skills, confidence-building tools, and personal branding strategies.



# OUR INITIATIVES



## ENTREPRENEUR MENTORSHIP

Tailored coaching for ethnic minority women launching and growing businesses.

## EMERGE PROGRAMME

A mentorship initiative for young adults (16–25), focused on identity, personal branding, and community involvement.

## BUSINESS DIRECTORY

Promoting ethnic minority-owned businesses, helping women gain visibility, connect with clients, and expand their networks.

## ADELPHE TALKS

A platform for women to share impactful stories, innovative ideas, and insights, encouraging inspiration and learning.

## FIFE BAME HUB

Supporting New Scots from African, Caribbean, Asian, and minority ethnic backgrounds through tailored initiatives.



# OUR INITIATIVES



## THE FIFE BAME HUB - AN ADELPHÉ SCIO PROJECT

The Fife BAME Hub extends Adelphe's commitment to empowerment and inclusion. Developed in partnership with Fife community members in 2024, it provides tailored support to New Scots from African, Caribbean, Asian, and minority ethnic backgrounds.

### **INTEGRATION AND COMMUNITY COHESION**

Welcome packs and workshops covering Scottish life essentials.

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### **CULTURAL LITERACY AND AWARENESS**

Courses and events celebrating ethnic heritage, like Fife BAME Week.

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## **EDUCATION AND CAREER GUIDANCE**

Supporting young people and career changers in making informed choices.

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## **ENTREPRENEURSHIP AND BUSINESS SUPPORT**

A resource hub offering training, mentoring, and connections with Fife Business Gateway.





**ADELPHE  
COMMUNITY**



# THE IMPACT OF OUR WORK

Adelophe's empowering approach transforms isolation into connection, giving women the confidence and tools to thrive. Through our programmes, we help women:

## **DEVELOP PROFESSIONALLY**

Gain skills for job readiness, improve CVs, and succeed in interviews.

## **ACHIEVE FINANCIAL RESILIENCE**

Financial training helps women combat poverty and build stability.

## **FOSTER COMMUNITY AND WELL-BEING**

From essential resources during COVID-19 to ongoing emotional support, we promote community well-being

## **SETTLE WITH CONFIDENCE**

Adelophe offers resources to help women feel at home, wherever they are.

By equipping ethnic minority women with skills, confidence, and connections, Adelophe contributes to a Scotland that thrives on diversity and inclusion.

*Adelphe has been good with helping people improve their CVs, and support with food- **Ama***

*Attended a few of the webinar but the one that stood out for me is on how to ace interviews. It opened my eyes to areas to do more and what I've been doing wrongly. Thank you Adelphe -**Esther***

*Adelphe have been helpful in providing useful information and insightful knowledge about combating poverty and building financial resilience.-**Tosin***

*Adelphe is a community-oriented charity organization with a focus on the well-being and welfare of individuals and families. In the past years, the organisation has been of immense help to me and our family in augmenting my disposable income and looking after our well-being. During this Covid period, they have been responsive in reaching out to us from time to time. I have participated in a number of trainings and workshops organised by this organisation. Thank you for your excellent services. - **Emmanuel Oni.***

*I have been greatly touched and inspired by one of your team members. She made settling down in Edinburgh a lot easier-**Mary***

# GET INVOLVED

Adelphe envisions a Scotland where ethnic minority women are empowered to lead, innovate, and thrive. Whether you want to mentor, attend a workshop, or support our initiatives, we invite you to connect with us and contribute to building an inclusive, innovative, and resilient society.





# Contact Us

For more information about Adelphé, our programs, or how you can get involved, please contact:

 [hello@theadelphé.org](mailto:hello@theadelphé.org)

 <https://theadelphé.org>

 [theadelphéconnecthub](#)

ADELPHÉ CONNECT HUB CIC IS A REGISTERED SCOTTISH CHARITABLE INCORPORATED ORGANISATION (SCIO) WITH CHARITY NUMBER SC051953 AND A COMMUNITY INTEREST COMPANY (CIC) WITH COMPANY NUMBER SC800133.